



# ZOOM Yoga Calendar

## Oct. 2020

Mon.	Tue.	Wed.	Thu.	Fri.	Sat.	Sun.
			1	2	3 <b>11:00 am</b>	4
5	6 <b>5:00 pm</b>	7	8	9	10 <b>11:00 am</b>	11
12	13 <b>5:00 pm</b>	14	15	16	17 <b>11:00 am</b>	18
19	20 <b>5:00 pm</b>	21	22	23	24 <b>No Class</b>	25
26/31	27 <b>5:00 pm</b>	28	29	30	31 <b>11:00 am</b>	30

To take attendance I would like you to email RSVP for the classes you would like to attend, and I will register you. Before each class I will email you a Private Zoom meeting link.

To complete the registration process, I will deduct the class from your current package, or you can purchase a drop in class. You can purchase a class or package online or by phone.

You can RSVP to as many classes as you wish at once, or you can email the day of the class you wish to join.

TO RSVP Email: [bhollis@oceanrockwellness.com](mailto:bhollis@oceanrockwellness.com)

Please feel free contact me if you have any questions. Private sessions available.  
**Beth Hollis** | [bhollis@oceanrockwellness.com](mailto:bhollis@oceanrockwellness.com) | P: (441) 295-5100 @oceanrockwellness

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