



# Yoga Calendar

## MAY '18

Mon.	Tue.	Wed.	Thu.	Fri.	Sat.	Sun.
	1 YOGA 6:30 - 7:30 pm Inside	2	3 YOGA 5:30 - 6:30 pm Inside	4	5	6
7	8 YOGA 6:30 - 7:30 pm Outside	9	10 YOGA 5:30 - 6:30 pm Inside	11	12	13
14	15 YOGA 6:30 - 7:30 pm Inside	16	17 YOGA 5:30 - 6:30 pm Outside	18	19 YOGA 11:30 - 12:30 pm Inside	20
21	22 YOGA 6:30 - 7:30 pm Outside	23	24	25 HOLIDAY!!!		27
28	29 YOGA 6:30 - 7:30 pm Outside	30	31 YOGA 5:30 - 6:30 pm Inside			

### CLASSES ARE HELD AT OUR LOCATION:

- **Charities House, 25 Point Finger Road, Paget**
  - Ground Floor Board Room, down the right hallway, second door on the right.
- All levels of experience WELCOME!
- If you have a mat bring it – those who don't, we have spare mats.
- *Drop in rate - \$20.00 Or Block of 10 classes, no expiry date - \$160.00 (\$40.00 Savings!)*
- You can now purchase classes on-line – Follow the links in the email or call 295-5100 for payment details.

Please feel free contact me if you have any questions. Private sessions available.

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